



Patricia Morgan's Bio for Event Programs and Promotion Purposes

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Patricia Morgan, MA, CCC

Author, Keynote Speaker, Workshop Leader and Counselor
(NOT an introduction)

“Patricia Morgan is an author who specializes in strengthening resilience in individuals and organizations. Presenting to thousands of people each year, she is an international speaker with a Master’s Degree in Clinical Psychology. When you get **Patricia** you get practical how-to’s that decrease stress and miscommunication while increasing vitality, joy, productivity and workplace satisfaction. Plus she delivers her message in a fun, insightful and uplifting manner. As The Bounce Back Expert, **Patricia** confidently affirms, **“You’re stronger than you think.”**

Patricia has authored over dozens of articles and several books including *From Woe to WOW: How Resilient Women Succeed at Work*. The best selling, *Love Her as She Is: Lessons from a Daughter Stolen by Addictions* was featured on national radio and television. Other books include *She Said: A Tapestry of Women’s Quotes*, *Alberta Women Said: Wise Words by Wondrous Western Women*, *The Light Hearted Approach: 87 Ways to be an Upbeat Parent* and *Frantic Free: 167 Ways to Calm Down and Lighten Up* and *Gag Your Nagging: 101+ Ways to Communicate More Effectively & Enhance Family Cooperation & Harmony*.

Patricia was honored by Global TV and the Calgary YWCA as a **Woman of Vision.**”

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